

OB/GYN RESIDENCIES FRIENDLY TO CONSCIENCE DECISIONS

Updated 4/1/23		Green Denotes Recent Resident											If you are considering OB/GYN or have information to add to the document, reach out to us! https://conscienceinresidency.com/contact/
State	Program	City	2018	2019	2020	2021	2022	2023	2024	2025	2026	2027	Comments (with date of information)
GEORGIA	Medical College of Georgia	Augusta											19-'20 Season: There is no current Ryan Family Planning program here, although the dept. chair mentioned they are working to build one. They offer abortion training in the community setting for those who want that training. Georgia is notorious for restrictive abortion laws, but the chair takes students to the state capital to lobby for women's rights. The Program Director is stepping down after this year and the associate program director will take his place next year. I'm not sure what her views or platform is regarding abortion or prescribing. I do think this is a more conservative area as well, and would likely be an environment where a non-prescribing OB/GYN or resident holding conscientious objection would be supported. I can't speak to specifics though, especially with leadership in flux. Also, of note, there were a lot of residents that were married with kids - very family friendly culture there '22-'23: Interview day- faculty and residents seemed to generally be open to residents with various perspectives on ethical issues in ObGyn. Had great conversation over the phone with PD after my interview in which she said not prescribing contraceptives would not affect where she would put me on the rank list but she wanted to confirm with colleagues that it would be ok. I followed up via email thereafter and I never received a response. Disappointing, but fair to assume the department as a whole is not open to FABM-only residents.
GEORGIA	Memorial Health-University/Mercer University	Savannah	0	0	0	0							17-'18 Season: PD stated that he would have no problem with NFP-only resident (unsure if this is a genuine answer or a legal-protection answer). However, there are no other NFP-only residents, and 11 of the 16 residents do elective abortions '21-'22 Season: Do not have a FP rotation. Have 1-2 rotations during 3rd and 4th year. All residents have gone to private practice, MFM, or Onc fellowship so none have gone onto FP or REI.
GEORGIA	WellStar Kennestone Regional Medical Center	Marietta											
HAWAII	University of Hawaii	Honolulu											
HAWAII	Tripler Army Medical Center	Honolulu											
ILLINOIS	U of Illinois at Peoria	Peoria	0	1	0	0	1	1	0				2017: NFP only resident graduated '17-'18 Season: Napro is mentioned on the residency website, as you get to train with Dr Stalling! However, the PD is not wild about the idea of NFP-only residents. Still, there is a current NFP-only PGY3 who loves the program, and Dr Naomi Whittaker graduated here and loved the program also. Dr Whittaker is very open to talking to anyone interested in OB/GYN, so feel free to contact her! (If you need her contact info, contact website administrators!) 2018: Very Catholic hospital that follows strict ERDs. You are under no pressure at all practicing as a faithful Catholic. Our main resident clinic does not prescribe any contraception. '18-'19 Season: Hospital follows ERDs, PD was supportive when I asked about accomodating in interview. '19-'20 Season: One of the faculty told me that he would personally support me. PD said that I would be supported. '22-'23: Resident graduated from here recently who was a contraceptive non-prescriber. One faculty member told me that so long as I was willing to go to the contraceptive clinic and counsel, not prescribing shouldn't be an issue. PD said the same thing. Most of training is at a Catholic hospital so hospital infrastructures support non-prescribers. While faculty are open to such residents they don't seem to be super supportive/love the idea of contraceptive non-prescribers.
ILLINOIS	Loyola University Medical Center	Maywood											2015: Very pro-abortion program (abortion month at Planned Parenthood is opt-out) 2015: The PD was not very supportive, but there was a faculty member who practiced the Marquette Method with her patients and faithfully practiced as a Catholic.
ILLINOIS	Rush University Medical Center	Chicago											
ILLINOIS	U of Chicago	Chicago											
ILLINOIS	Southern Illinois University	Springfield											19-'20 Season: Not welcoming. The PD seemed very shocked when I asked about opting out of sterilizations- to the point I didn't even address OCPs. Residents are very involved in "abortion advocacy"
ILLINOIS	U of Illinois at Chicago	Chicago											
ILLINOIS	Presence St. Joseph Hospital	Chicago	0										2015: At interview made many apologies for Catholic status and explained how "full scope" of women's care could be made available, especially contraception. Wavered when asked at interview whether they were open to NFP-only residents. Unclear territory.
ILLINOIS	McGaw Med Ctr of Northwestern	Chicago											
ILLINOIS	Presence St. Francis	Evanston	0	0	0	0							17-'18 Season: PD stated that he would have no problem with NFP-only resident (unsure if this is a genuine answer or a legal-protection answer). There are no other NFP-only residents, and they perform 2nd trimester abortions at the secondary hospital where residents are expected to work. Other residents seem open to having an NFP-only resident. Dr Theresa Stigen was an NFP-only resident here 2004-2008 and later completed Napro Fellowship. She has expressed difficulty being NFP-only here, but much could have changed since 2008. '19-'20 Season: Probably would not be supportive, some of the current residents were planning on family planning fellowships. They seemed very apologetic about being a Catholic institution and promised that most time would be spent in different hospitals so contraception and abortion training would be available. I did not specifically ask the interviewers if they would be supportive (two interviews with an attending and resident so no face to face time with the PD) '21-'22 Season: Go to 6 hospitals and interact with hundreds of attendings so chances are pretty slim you'd be able to tailor or opt out of any FP training although most of those hospitals are Catholic affiliated. However, the residents were the most burnt out folks I had ever seen. [non-prescribers not discussed]
ILLINOIS	Mount Sinai Hospital	Chicago	0										2015: all FMGs and were not open to NFP-only ideas.
ILLINOIS	Advocate Illinois Masonic Medical Center	Chicago											
ILLINOIS	Mercy Hospital	Chicago											2015: Very supportive program overall. As long as you are a hard worker and work well with others, I think they would accommodate.
ILLINOIS	Advocate Lutheran General Hospital	Park Ridge (Chicago)											2015: PD at the time trained at Presence St. Francis Hospital in Evanston, IL. He was Catholic and aware of the faith based practice. Supportive.
INDIANA	Indiana University	Indianapolis											NO DATE OF INFO (posted Jan 2018): Very pro-abortion.

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MICHIGAN	Central Michigan University	Saginaw	0	0	0	0							'17-'18 Season: No NFP residents, but PD said they could possibly accommodate '17-'18 Season: PD said NFP was ok, but seemed disapproving as she counseled me that my education and skill set would be lacking as a result.
MICHIGAN	Hurley Medical Center/MSU	Flint											
MICHIGAN	Sparrow Hospital/MSU	Lansing	0	0	0	0	0	0	0	0			17-'18 Season: PD seemed very willing to accommodate, asked if I would place an IUD for non contraceptive purposes '20-'21 Season: PD was super nice / helpful / willing to discuss how this would work in their program. PD previously worked in a private practice with a non-prescribing physician so was aware of the practice. Acknowledged that Sparrow has never had a resident who didn't prescribe before but felt that if you were proactive and a hard worker it may work. She felt that probably around half of the attendings don't do terminations so may be friendlier territory; she herself does not do terminations. No FP month.
MICHIGAN	Henry Ford Macomb Hospital	Clinton Township											
MICHIGAN	Wayne State	Detroit											17-'18 Season: PD seemed very open to NFP-only resident, stated resident could go to didactics instead of FP (family planning / abortion) elective, but the residents told me that you still have to physically go to the termination clinic, you just don't have to actually do the terminations- so a little confusing? '20-'21 Season: Ryan program. Unsure about extent you are allowed to opt out of FP rotation. Did not directly address non-prescribing.
MICHIGAN	St. Joseph Mercy Health System	Ypsilanti	0	0	0	0							17-'18 Season: No NFP residents, but PD said they could possibly accommodate '17-'18 Season: Best response here. PD was sincere and very very willing to work with you and brainstorm. Hospital does do tubals and prescribe BC on campus. No FP (family planning / abortion) elective as of now, but they are working on adding one. '17-'18 Season: PD stated the program would be open to accommodating a resident who did not do LARCs '20-'21 Season: PD: "This is a catholic institution so I would feel disingenuous if I said you had to do tubals/contraception." Unsure how sincere. Hospital does tubals / contraception for "medical indications" and if they don't have a medical indication they take pts to PD's private clinic to provide. Overall liberal culture. 2 wks of FP at Univ of Michigan.
MICHIGAN	Henry Ford Hospital	Detroit											
MICHIGAN	St. John Hospital and Medical Center	Detroit											17-'18 Season: Bringing up NFP was EXTREMELY awkward. PD repeatedly made the point throughout the day that the Catholic identity of the hospital was its only draw back and that they didn't let that prevent them from doing anything, this program is really working on building up its FP (family planning / abortion) elective
MICHIGAN	U of Michigan	Ann Arbor											18-'19: Ryan program. PD stated could accommodate (by email).
MICHIGAN	Oakwood Hospital	Dearborn											
MICHIGAN	Western Michigan University Homer Stryker	Kalamazoo											17-'18 Season: PD stated that being NFP-Only "won't affect your training", reasonably open to it, but also seemed very supportive of FP (family planning / abortion) opportunities for her residents. '21-'22 Season: 2nd year has FP block and they are in the process of adding more FP rotations. Program currently in a huge faculty transition having a large unexpected overturn of administrative faculty so things may change. [non-prescribers not discussed]
MICHIGAN	Beaumont	Royal Oak											
MICHIGAN	Henry Ford Wyandotte Hospital	Wyandotte											
MICHIGAN	Botsford Hospital Program	Farmington Hills											
MICHIGAN	St John Macomb-Oakland Hospital	Warren											
MICHIGAN	Providence Hospital and Medical Centers Program	Southfield											
MICHIGAN	St. Joseph Mercy -Oakland	Pontiac											
MINNESOTA	U of Minnesota	Minneapolis	0	0	0	0	0						2016: Listed on http://medicalmatins.blogspot.com/ as friendly to NFP-only residents from a historical applicant. '18-'19 Season: Jonathan Scaffold (an NFP-only resident) graduated 2017, but now new PD. Ryan program. PD said could possibly accommodate NFP-only, but would be challenging and would require "a very special resident". However, candidate with good stats and personal connections to area did not match here.
MINNESOTA	Mayo Clinic College of Medicine and Science	Rochester											18-'19 Season: PD said would need to discuss with department, and called me back to say they could not accommodate NFP only.
MISSISSIPPI	U of Mississippi	Jackson				0	0	0	0				20-'21 Season: No current NFP only residents, but PD said would not be a problem and would find ways to make it work. Large academic program- hard to know how feasible this would be.
MISSOURI	U of Missouri	Columbia											20-'21 Season: PD felt that as long as I was a hard worker non-prescribing would be fine. (This is a small program, just increased to 4 per yr.) Said the program tends to attract/be attracted to Christians and those with other traditional religious beliefs as the biggest thing they look for is "emotional maturity." Missouri has very strict termination laws and elective terminations for any reason are not allowed in the Mizzou health system.
MISSOURI	Saint Louis University (SLU)	St. Louis	0	3	0	1	3	0	1	0	0	1	17-'18 Season: Very receptive to NFP-only residents. Excellent program. No BC or Sterilizations in the hospital (except for what is approved by the ethics committee, which seems to be more than what ERDs allow). No LARCs placed in clinic. '19-'20 Season: Incredibly supportive! And at least two residents are currently NFP only. Incredibly impressed at their acceptance and supportive of Catholic ERDS. '19-'20 Season: PD said "you are welcome here." Said that he tries to keep a few NFP-only residents in the program at all times. '20-'21 Season: PD totally fine/open about it, said they already have the workflows figured out so it's no problem at all. '20-'21 Season: PD emphasized commitment to Jesuit mission and was very pro-life. There are current residents who are NFP only. '22-'23 Season: PD said in presentation to all applicants that they accept "non-prescribers" and he told me individually that he would like to see a pipeline for non-prescribers continue to be built up in his program. Incredibly FABM-only friendly!

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MISSOURI	Mercy St. Louis	St. Louis	2	0	1	1	2	1	1	0			<p>17-'18 Season: Multiple NFP-only residents have graduated from here. Napro Dr Gavin Puthoff is a private attending here as of 2017. In 2012, there were 6 NFP-only residents in the program. See article: http://archstl.org/files/nfp_st_louis_review_3-9-2012.pdf. The program director however is growing in her support of termination training. 2 residents graduating this year are going on to NaPro fellowship. Currently 2 other NFP-friendly. Other residents were very supportive.</p> <p>2018: PD allows NFP-only residents, but doesn't necessarily encourage it. PD helps other residents get into family planning fellowships.</p> <p>'18-'19 Season: Multiple NFP-only residents and previous grads including Napro fellows. Napro Dr Gavin Puthoff private attending here. PD stated in program presentation that program is welcoming of residents who don't prescribe contraception.</p> <p>'19-'20 Season: PD said that NFP-only is not an issue there. Very supported.</p> <p>'19-'20: PD mentioned during Program Intro at Interview that they "welcome residents who for moral or religious objections choose to not prescribe artificial contraception". Also a good amount of NFP-only residents who supported me.</p> <p>'20-'21: PD presentation: "Residents are expected to counsel for OCPs but we do have a few that don't prescribe them; that's fine."</p> <p>'20-'21: PD presentation: PD very friendly to NFP only, even mentioned that having NFP residents was OK during the interview day introduction. There are current NFP only residents. Was supportive of pursuing NaPro fellowship.</p> <p>'18-'19 Season: PD said "thinks could make it work since we have lots of residents" (in interview)</p>	
MISSOURI	U of Missouri-Kansas City	Kansas City												
MISSOURI	Wash U	St. Louis												
NEBRASKA	U of Nebraska	Omaha												
NEBRASKA	Creighton University	Omaha	0	0	0	0							<p>17-'18 Season: PD stated "If you are unable to IUDs, this is not the place for you"</p> <p>'18-'19: Ryan program. Pro-choice culture, PD never responded to my email after interview.</p> <p>17-'18 Season: Fairly anti-NFP, despite the name and proximity to Napro Fellowship. Would NOT recommend. Hostile towards me as a med student and during interviews.</p> <p>'18-'19 Season: Not connected to Pope Paul/Napro. Has possible current NFP resident (not sure his exact stance). PD stated could accommodate my beliefs if willing to prescribe for certain medical indications (in interview).</p> <p>'19-'20 Season: On interview day PD seemed supportive but was wearing a birth control pin. From personal experience with this program I can say that they do not welcome NFP only residents. The previous chair was very against it but this might change with the new chair (He started in 2019 so stay tuned). Many of the doctors at this program have very strong negative feelings towards NFP only providers.</p> <p>'19-'20 Season: Very negative experience. Faculty member brought up contraception and asked several accusatory questions, then, vented about the Catholic Church.</p> <p>'21-'22: wanting to implement transgender care PD sees that as important to comprehensive patient care, one attending who does gender reassignment surgeries. Opt out Planned Parenthood block, when asked, they said their weakness is that it is a Catholic institution so they are unable to do postpartum LARCs or tubals but that in their other clinic and VA all contraception is possible. PD seemed amicable to me as non-prescriber, she said they can be flexible.</p>	
NEVADA	Mountain View Hosp	Las Vegas												
NEVADA	UNLV	Las Vegas												
NEW HAMPSHIRE	Dartmouth Hitchcock	Lebanon											18-'19 Season: Ryan program, 2nd year at Catholic hospital in Manchester that has 2 Napro docs. Pro-choice culture, but PD said could accommodate.	
NEW JERSEY	Monmouth Medical Center	Long Branch												
NEW JERSEY	Newark Beth Israel Medical Center	Newark	0	0	0	0	1	0	0	0			<p>17-'18 Season: PD prolife and supportive of NFP-only applicants.</p> <p>2019: early 2nd trimester elective inductions of labor performed at hospital. Residents to be involved.</p> <p>2022: PD changed in March of 2020; previous PD was prolife and very supportive, unknown how new PD would feel about accepting NFP-only residents. Current residents overall supportive and willing to do tubals and abortions for NFP-only resident in exchange for help with other tasks. There are second-trimester inductions for previable PPRM both on the GYN service and Labor and Delivery relatively often. Most attendings at least outwardly supportive.</p>	
NEW JERSEY	Inspira Health Network (DO)	Vineland												
NEW JERSEY	Jersey Shore University Center	Neptune												
NEW JERSEY	Rutgers New Jersey Medical School Program	Newark												
NEW JERSEY	New York Medical College at St. Joseph's Medical Center	Paterson											<p>17-'18 Season: Appear to go step-in-step with the bishop. With a more liberal bishop in the past they have performed more controversial procedures. However, current bishop is extremely conservative. They do not even counsel for birth control because they do not prescribe it; they refer to another provider who can then prescribe and counsel. Asked if I would be okay with book-learning about contraception. Residents seem fine with this state of affairs, say that tubal ligations and contraception is easy to learn about and that they don't feel deprived by the hospital being Catholic.</p>	
NEW JERSEY	St. Peter's University Hospital/Rutgers Robert Wood Johnson Medical School Program	New Brunswick											<p>2017: VERY supportive due to former NaPro fellow's presence: Dr. Kyle Beiter. I felt very welcomed here. Would highly recommend looking into the place as Beiter has a good reputation.</p> <p>'19-'20 Season: PD was very supportive and stated that "this is a Catholic residency so of course you wouldn't be expected to prescribe OCPs". Although I don't think there are any current NFP only residents there is a NAPRO trained doctor that works with the residents and is well respected by them. Some residents were very open about not wanting to do any family planning training.</p> <p>'19-'20 Season: PD was very supportive. Dr. Kyle Beiter is well-respected.</p> <p>'20-'21 Season: PD was willing to accommodate. Dr. Beiter doesn't work here any more but it seems has had a positive impact on how the program views non-prescribers. Hospital prescribes contraceptives for "medical indications" (unsure how strict this definition is) and tubals "once childbearing is completed."</p> <p>'21-'22 Season: PD was not so clear with response in interview. He danced around the topic a little but didn't say it couldn't work. History of NFP only resident and doctor who worked with the program but has since moved.</p>	
NEW JERSEY	St. Barnabas Medical Center	Livingston											<p>17-'18 Season. Non-religiously affiliated program. Called before applying to gauge receptiveness of program to NFP-only applicant. PD was apparently asked, and said that it would not be a good fit, as they do abortions.</p>	

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NEW YORK	U at Buffalo (Sisters of Charity)	Buffalo	1	0	1	1	2	2	0	3				<p>'17-'18 Season: Very Catholic PD (Pivarunas) and assistant PD (Strittmatter) and the program is at a Catholic Hospital, so there is no issues for NFP-only residents. 16 NFP-only residents have graduated from here. I think half of the faculty are Catholic!</p> <p>'17-'18 Season: Current resident said that outside rotations are aware of the Catholic nature of the program and allow them to take part in only those things which they are comfortable with.</p> <p>2018: No contraception in hospital or clinic. No tubals approved.</p> <p>'18-'19 Season: Very supportive. Catholic Chair (Pivarunas), PD (Strittmatter) and hospital. Multiple current NFP only residents and past graduates.</p> <p>'18-'19 Season: Dr. Pivarunas (chair) told me they keep the program going for us residents that want to practice in line with their faith. He, Dr. Strittmatter (PD), and Dr. Obst are all Catholic, NFP only, and clearly, all very supportive (Though PD was very hard to read about this during interview). Several NFP only residents.</p> <p>'19-'20 Season: Everyone was very supportive and the residency follows Catholic teaching. The family planning rotation is actually with two NFP only doctors. Many of the residents are NFP only and one plans on doing the NAPRO fellowship and were very interested in talking about this during the residency dinner.</p> <p>'19-'20 Season: Most supportive program. Filled with residents and faculty who practice the same way.</p> <p>'19-'20: Most number of Catholic faculty and residents among the places I interviewed. Faculty who interviewed me were in full support of me practicing according to my belief as a resident. They also have an active Catholic Medical Association-Resident Section. The ideal program for an NFP-only resident.</p> <p>'20-'21: PD said the program exists for residents who are making conscience decisions. Overall culture is very friendly and comfortable with non-prescribing residents.</p> <p>'20-'21: Very accepting of NFP only- most supportive program I interviewed at, multiple faculty use NFP in their practice, PD very open to discussing during interview, multiple residents do the same, many residents have taken the FACTS fertility course, supportive of NaPro fellowship.</p> <p>'21-'22: a few current residents are NFP only and the PD seeks/welcomes residents who are looking to practice as NFP only.</p> <p>'22-'23: Both PD and dept chair were very friendly to FABM-only residents. There are multiple such residents in the program right now.</p>	
NEW YORK	Brooklyn Hospital Center	Brooklyn													
NEW YORK	Flushing Hospital	Queens													
NORTH CAROLINA	ECU	Greenville													
NORTH CAROLINA	Duke University	Durham													
NORTH CAROLINA	Mountain Area Health Education Center Program	Asheville												<p>20-'21 Season: PD said NFP only would be OK, but was not very genuine about it. Program highlighted planned parenthood rotation on website.</p> <p>'22-'23: during interview, PD mentioned faculty interests and when she got to "reproductive rights" she said "all" faculty are interested. Clearly very pro-choice program. However, when I asked PD about non-prescribing, she gave a seemingly genuine answer that the program is open to such applicants and actually mentioned some possible work arounds. Mixed bag overall.</p>	
NORTH CAROLINA	Carolinas Med Center	Charlotte												<p>20-'21 Season: VERY pro-choice culture. Have an opt-out FP month; residents who opt out are still expected to counsel for terminations. FP attending stated that her goal is that all residents will learn about terminations "regardless of religious background." Emailed PD about non-prescribing; FP director emailed back with copy/pasted ACGME guidelines which state that residents must have "training in all forms of contraception." PD recently applied for Ryan grant.</p>	
NORTH CAROLINA	U of North Carolina	Chapel Hill													
NORTH CAROLINA	New Hanover Regional Medical Center Program	Wilmington												<p>20-'21 Season: Half of residents ok with abortion training and one resident was excited about an elective termination performed at the hospital. PD said would not be a problem, but was not genuine and said I should check with the other residents to see if it could work.</p>	
NORTH CAROLINA	Wake Forest University	Winston-Salem												<p>19-'20 Season: Did not ask about non-prescribers. However, there is a family planning rotation that allows the opportunity for students to opt into participating in abortion care in clinics off campus if they desire, although not required and easy to avoid if holding a conscientious objection. Also NC does not allow abortions after 20 weeks. Wake Forest could be an institution that would support a non-prescribing OB/GYN although; My impression is there is a strong Christian culture in the community - the clinics put up nativity scenes during Christmas, and residents talk openly about their Christian faith.</p> <p>'22-'23: had candid and open conversation with PD on interview day and she initially seemed like she would be open. Received an email two months later from the PC which said, in protective, medical-legal jargon, that residents must be willing and able to prescribe contraceptives. Disappointing as I thought they'd be more open given that I've heard that residents overall are pretty evenly split regarding whether or not they perform elective abortions.</p>	
NORTH CAROLINA	Campbell University	Fayetteville													
NORTH CAROLINA	Womack Army Medical Center	Fort Bragg													
OHIO	Aultman Hospital	Canton													
OHIO	Case Western Reserve MetroHealth	Cleveland													
OHIO	Cleveland Clinic Foundation	Cleveland													
OHIO	Case Western Reserve University	Cleveland													
OHIO	TriHealth	Cincinnati													
OHIO	Riverside Methodist Hospitals (OhioHealth) Program	Columbus												<p>17-'18 Interview Season: Very open to NFP-only resident. PD stated that the only thing he couldn't accommodate was someone who wanted to do terminations after the 2nd trimester.</p>	
OHIO	Wright State Program	Dayton	0	0	0									<p>2016: Graduated 2 NFP-only military residents, most recently in 2014, but none since. Hospital does not do abortions, but they do sterilizations.</p> <p>'17-'18 Season: PD wasn't thrilled about NFP, but had a few prior colleagues so he was familiar and thought it would be "ok"</p> <p>'18-'19 Season: PD said could accommodate no abortions or prescribing contraception, but would need to assist with tubals.</p>	

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PUERTO RICO	U of Puerto Rico	San Juan												
PUERTO RICO	Hospital Episcopal San Lucas/Ponce School of Medicine	Ponce												
PUERTO RICO	San Juan City Hospital	San Juan												
RHODE ISLAND	Brown	Providence												
SOUTH CAROLINA	Greenville Hospital System	Greenville												
SOUTH CAROLINA	Palmetto Health/U of SC	Columbia												
SOUTH CAROLINA	MUSC	Charleston											22-'23: Over the phone conversation with PD post-interview: he was very open to my perspectives and from his point of view it wouldn't be a problem. But he thought it likely would be an issue with other faculty and residents. He got back to me a couple months later and reaffirmed that while he had no problem with it, he doesn't think his program is a good fit because his residents are "on the other end of the spectrum on these matters." Based on interview, residents are clearly very pro-choice.	
TENNESSEE	U of Tennessee Chattanooga	Chattanooga											2012: They were "fascinated by my [NFP-only] views." Like I was an alien. The residents were unwelcoming.	
TENNESSEE	ETSU	Johnson City												
TENNESSEE	U of Tennessee Medical Center at Knoxville	Knoxville												
TENNESSEE	U of Tennessee	Memphis											22-'23: after emails to the PD, the PC finally got back to me and gave a hard no, saying we expect all residents to be able to prescribe contraceptives and perform sterilizations.	
TENNESSEE	U of Tennessee COM	Nashville												
TENNESSEE	Vanderbilt U	Nashville												
TENNESSEE	Meharry Medical College	Nashville												
TEXAS	University of Texas Rio Grande Valley	Edinburg											21-'22 Season: As soon as I found out that the PD and APD both worked with Planned Parenthood in the past and graduated from Family Planning fellowship, I decided to not disclose my situation. It seemed they have heavy emphasis on prescribing contraception to underserved populations	
TEXAS	HCA Medical City Healthcare UNT-TCU	Arlington											21-'22 Season: Emailed question, did not respond for about 2 weeks, emailed again, PD responds "Thank you for letting me know in advance regarding contraception & sterilization. I have worked with residents in the past in the same situation. It does create some challenges in work flow but can be accommodated. The expectation that was set for those residents was that they provided the appropriate level of counseling for the patients; in my experience they did just fine with that expectation."	
TEXAS	Texas Tech University Affiliated Hospitals	Lubbock												
TEXAS	U of Texas Health Science Center	San Antonio											2015: Would be supportive due to high volume of hispanic Catholics in this area. '19-'20: Did not discuss with program, but Large amount of Hispanic Catholics patients so they could possibly understand	
TEXAS	U of Texas at Austin Dell Med Sch Program	Austin	0	1	0	0							2017: NFP-only resident likes the program, but the the PD is now a family planning specialist; this program requires about a month at Planned Parenthood. there is an alternative month that the single NFP-only resident created, but has not been used since. '18-'19: NFP only resident (PGY4), Catholic hospital '19-'20: I didn't interview at UT Austin, but did an away there bc the residents work at Seton, which is a Catholic health system. Also considered this program bc of NFP-only Ashley Stone who graduated last year. However, the program itself is now very secular. They have a new PD who performs up to 2nd trimester abortions. Residents are expected to perform tubal ligations at a nearby secular hospital (St. David's). Resident clinics are not affiliated with Seton, so interns participate in a Sterilization clinic here. Seton hospital itself allows tubal ligations for women above 35yo, so doesn't necessarily follow ERDs.	
TEXAS	John Peter Smith Hospital Program	Fort Worth											2017: Very supportive of Family practice NFP residents who practice NaPro - would highly consider looking into it! 2015: Several NFP only FM residents as well as an OB resident in 2013. Very supportive.	
TEXAS	TEXAS A&M	Temple	0	0	0	0							2016: open and friendly in interview process to specific questions about not prescribing contraceptives. No actual residents have been NFP only here. 2015: PD at the time was Catholic and very supportive. It hasn't been done in the past, but she said it could be arranged. '20-'21 Season: PD said it could work at the program, but hard to get a good read (was directly confronted about religious beliefs during interview). Said there was a faculty member who does not prescribe birth control.	
TEXAS	U of Texas Southwestern	Dallas	0	0	0	0							1. Both PD and dept chair were very friendly to FABM-only residents. There are multiple such residents in the program right now.	
TEXAS	Methodist Hospital of Dallas	Dallas											2016: Listed on http://medicalmatins.blogspot.com/ as friendly to NFP-only residents from a historical applicant.	
TEXAS	U of Texas Medical Branch	Galveston												
TEXAS	Texas Tech University Affiliated Hospitals	Permian Basin											'19-'20: APD at my homeschool after finding out I was Catholic and didn't want to assist during a tubal ligation warned me about putting my patients first above all else. Few Catholic attendings but they perform sterilizations and prescribe birth control. '21-'22: PD very nice and also seemed flexible with my situation, no red flags or concerns.	
TEXAS	Methodist Hospital	Houston				1							2015: At least 2 NFP only docs have graduated from this program, in 2011 and 2013. Supportive and well aware of the path you would want to take. 2019: Actually has an NFP-only resident, a PGY3 now. So I think would be a great option for anyone applying in September! '21-'22: PD was very understanding of my situation and said it would be no problem at all just some coordination and that he feels very comfortable with it as he has had many graduates in the past with similar views.	

OBGYN RESIDENCIES FRIENDLY TO CONSCIENCE DECISIONS

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State	Program	City	2018	2019	2020	2021	2022	2023	2024	2025	2026	2027	Comments (with date of information)
TEXAS	Baylor College of Medicine	Houston					0	0	1	0			2015: NFP-only subintern offered an interview which was then never scheduled after that person asked about PD's opinion of trying to be NFP-only. Perception is that the program would not be friendly. 2015: Very malignant program. I was interrogated regarding my religious beliefs repeatedly and was very intimidated. The APD is the director of the largest Planned Parenthood in the US, which happens to be in Houston. *21-'22 Season: After telling the PD directly about my situation he said they could be flexible with me and that it would not be a problem. They currently have a PGY2 who does not do tubal ligations and abortion training is opt-out. I also did get the sense they were not interested in me, not sure if its due to my low test scores or my non-prescribing of contraceptives.
TEXAS	HCA - West Houston	Houston											19-'20 Season: New program as of 2019. Said they could help work around abortions but didn't offer any other support.
TEXAS	Baylor University Medical Center	Dallas											2015: PD open to "making it work" when asked about not prescribing contraceptives. No abortions in the hospital. Chair was possibly less friendly but now not the chair anymore.
TEXAS	Baylor Scott & White All Saints	Fort Worth											21-'22 Season: ran out of time in interview and followed up with an email but have not heard back regarding NFP only. During the q&a session they said not to "worry about the new Texas law we will learn what we need to know" so not seeming so NFP friendly in general. *21-'22: Very friendly brand new program. I emailed her the question [regarding not prescribing] and she responded "Thank you for your thoughtful question. We are open to applicants from all Faiths, Religions and belief systems."
TEXAS	U of Texas (RGV) (DHR) Program	Harlingen											19-'20 Season: Least supportive program I interviewed at. Many faculty on staff are Family Planning and program is very proud of their postpartum LARC program. PD told me that I was not welcome at this program.
TEXAS	Las Palmas Del Sol Medical Center	El Paso					0	0	0	0	1		21-'22 Season: It's in Texas so the new laws apply but the residents and faculty are not happy about it. [non-prescribers not discussed] *21-'22 Season: I told the PD about the concern and initially she seemed understanding but she did say that residency introduces you to difficult situations and that I might very well change my mind by the time I am done with residency. Similarly, the APD brought up the fact that I volunteered in a Catholic Church and asked how those views could affect my work as an OBGYN. I also told her the situation and she similarly told me she understood and that she is also Catholic but that residency is not "black and white" and that I could definitely change my mind in training.
TEXAS	Texas Tech University Affiliated Hospitals	El Paso											*19-'20: Did not discuss with program, but Large amount of Hispanic Catholics patients so they could possibly understand
TEXAS	Texas Tech University Affiliated Hospitals	Amarillo	0	0	0	0							17-'18 Season: PD stated that she would have no problem with NFP-only resident (unsure if this is a genuine answer or a legal-protection answer). However, there are no other NFP-only residents. *21-'22 Season: It's in Texas so the new laws apply and you'd be safe here in terms of not having much FP exposure. However, the entire faculty and residents are VERY pro-choice and actively fighting to get abortion privileges and access again. [non-prescribers not discussed] *21-'22: PD very nice and also seemed flexible with my situation, no red flags or concerns.
TEXAS	U of Texas Houston - MH / LBJ Program	Houston											2015: PD stated in interview that it could work, but perception of interviewee was that this may have been an olive branch or may not have been a durable promise. *19-'20: PD was excited to announce she only has one resident this year who opted out of the abortion elective. Also they get a Planned Parenthood grant to push LARCs. Didn't bring up being NFP-only with them.
UTAH	U of Utah	Salt Lake City											2016: Listed on http://medicalmatins.blogspot.com/ as friendly to NFP-only residents from a historical applicant.
VERMONT	U of Vermont	Burlington											18-'19 Season: Ryan program, but PD said could accommodate (via email) and "individualize clinical training to be aligned with my beliefs." However, pro-choice culture and despite good stats didn't match here.
VIRGINIA	Carilion Clinic	Roanoke											
VIRGINIA	Medical College of Virginia/VCU	Richmond											21-'22 Season: Ryan residency with FP rotations and rotations at Planned Parenthood, but they have two very pro-life Catholic attendings who will totally take you under their wing and make sure you get the training you want! [non-prescribers not discussed] *22-'23: talked to PD post-interview via email and she said while we have an inclusive environment, I think it would be difficult to meet the ACGME graduation requirements while opting out of contraceptives and sterilizations. I reached out to another attending who is outspokenly against abortion but does prescribe contraceptives and she told me she doesn't think her department would be welcoming of FABM-only residents. One resident I spoke with personally also said he thinks it would be difficult culturally.
VIRGINIA	Inova Fairfax Medical Campus Program	Falls Church											
VIRGINIA	U of Virginia	Charlottesville											18-'19 Season: PD out of town at interview, and never responded to multiple emails asking if could accommodate.
VIRGINIA	Riverside Regional Medical Center	Newport News											
VIRGINIA	Eastern Virginia Med School	Norfolk											21-'22 Season: REI is a strong area for this program, but so is MFM. Did not talk much about FP rotations or whether it was opt out but having grown up in the area, there is an even mix of pro-lifers and pro-choicers. [non-prescribers not discussed]
VIRGINIA	Naval Med Ctr	Portsmouth											
WASHINGTON	University of Washington Program	Seattle											
WASHINGTON	Madigan Army Med	Tacoma											
WEST VIRGINIA	Marshall University SOM	Huntington											
WEST VIRGINIA	West Virginia Univ Charleston	Charleston											
WEST VIRGINIA	West Virginia University Robert Byrd HSC	Morgantown											20-'21 Season: PD was accepting and said NFP only would not be a problem, but resident family planning clinic provides medical abortions.
WISCONSIN	Medical College of Wisconsin	Milwaukee											18-'19 Season: Ryan program, 6 wks at Planned Parenthood can opt out of abortion/sterilization but need to go for colposcopy clinic. 2/3 of time spent at Catholic Hospitals, can do continuity clinic at Catholic hospital with supportive faculty. PD responded with VERY thorough email about how could accommodate, and seemed supportive (but acknowledged would be counter cultural at program).
WISCONSIN	U of Wisconsin	Madison											18-'19: Ryan Program, Cancelled interview here, as after researching program further it is very pro-choice/pro-LARC with heavy emphasis on "Family Planning"

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WISCONSIN	Aurora Health Care	Milwaukee		0	0	1	0									'17-'18 Season: Possibly one NFP resident and PD seemed to be supportive. '18-'19 Season: NFP-only resident (PGY2), PD seemed supportive and stated could accomodate.			